

Week 4: International Cuisine – Self Directed Project

May 11th – 17th

WEEK TWO of International Cuisine

Briefly discuss techniques used in the food preparation from the culture that you chose from **MY** list (France, Jamaica, Japan, India, Greece or Ukraine). Find four dishes from that culture that showcase techniques they use. From those four dishes pick your two favorite. Find two recipes for each of those two dishes. Cook all four recipes, two for each (different chefs may have different ideas when creating a recipe. Submit a comparison for the recipes for each dish that you created (what was the same and different). Explain WHY you chose one recipe over the other.

Part B: Recipe Gathering

What will you hand in?

1. Explain what techniques are used in your region.
2. Which four dishes did you pick? Why did you choose those dishes
3. Which two dishes did you pick to cook?
4. Submit two different recipes from the internet for each dish.
5. Cook both recipes for one dish. Explain what you liked and disliked for each recipe. Which one did you like better?
6. Cook both recipes for the other dish. Explain what you liked and disliked for each recipe. Which one did you like better?
7. Write a short paragraph talking about techniques and flavours from the region that you have experienced so far.

This Part is Due May 18, 2020