## Week 5: Regional Cuisine – Self Directed Project May 19<sup>th</sup> – May 25<sup>th</sup>

## WEEK THREE of Regional Cuisine

## Part C: CREATING!

Using some of the same processes and ingredients in your chosen recipes (region), I would like you to create your own unique recipe in the same styles used in your region. You will then cook and name your dish. Present photos of all stages of your preparation from start to finish and include your recipe (either in imperial or metric)

- 1. Create a recipe for a UNIQUE dish that would fit into your region
- 2. Explain in a paragraph why you choose the ingredients and style that you did
- 3. Take many pictures of the process of preparation of COOKING your recipe
- 4. Write a paragraph on the final project discussing its flavours and textures.
- 5. Submit your write-ups and <u>at least</u> four pictures for your recipe (include ingredients measured, cooking process and finished product.
- 6. When you submit the process, pictures, recipe and write up send it in and it will be posted on the Sovyn.Weebly.com site for you peers to try.
- 7. Please remember it IS OK to fail. Tweak your recipes if they do not work until you are happy with the result. Happy creating

## This Part is Due May 25, 2020